

“Imagine, Create, Belong”: a new intervention for adolescents with social difficulties 2 day workshop 23-24 JANUARY 2020

Karen Stagnitti and Sophie Goldingay



Learn to PLAY
Workshops
learntoplayevents.com

THUR 23rd - FRI 24th JANUARY 2020

9:00am - 4:30pm

Rendezvous Hotel Melbourne

328 Flinders St, Melbourne VIC 3000

ABOUT

This 2 day workshop is new to Learn to Play for 2020. Research using Learn to Play Therapy has been extended to work with adolescents who experience social difficulties. It has been assumed that abilities underpinning pretend play ability are no longer relevant to young adolescents. This is now disputed with evidence emerging that abilities underpinning pretend play are important for function in adolescence.

This workshop introduces a play assessment for young people called the Animated Movie Test. This is an age appropriate play assessment and is suitable for young people aged 8 years to 15 years. Participants will be taken through the purpose, administration, scoring and interpretation of this new assessment, including reliability and validity evidence to date.

The new intervention called Imagine, Create, Belong will be introduced by Dr Sophie Goldingay. The theoretical underpinnings of this intervention will be explained. This new 8 week intervention for young people who are neurodiverse who attend mainstream high schools has been trialled in two research studies and found to increase young people's self-insight into their social ability, maintain their flexible thinking and increase their narrative thinking. This results in more competence in their social ability. The manual also includes 16 Sessions for adolescents who attend special school and have challenging developmental issues. The Imagine, Create, Belong manual is being published by Routledge.

Participants will be taken through the sessions of Imagine, Create, Belong and small group work will include experiencing and practice of some of the activities. For those who wish to implement this approach in their work, the Animated Movie Test manual and scoring booklets will be available for purchase at the workshop. The manual containing Imagine, Create, Belong, which is published by Routledge is also expected to be available for purchase at the workshop. This workshop would be valuable for those working with young adolescents who have social difficulties including social workers, occupational therapists, specialist teachers of young adolescents, psychologists and play therapists.

DAY 1

Why play is still important in adolescence

Animated Movie Test – purpose, administration, scoring and interpretation

Working with Children aged 7-10 years

Introduction of Imagine, Create, Belong for 11-15 year olds

DAY 2

Imagine, Create, Belong - running the sessions and how to engage young people

PRESENTER'S PROFILE - KAREN STAGNITTI

Karen Stagnitti is Emeritus Professor in the School of Health and Social Development at Deakin University, Victoria, Australia. She is retired from full time teaching and research but continues to run workshops and write. She graduated with a Bachelor degree in Occupational Therapy from the University of Queensland. For over 35 years she has mainly worked in early childhood intervention programs in community-based settings as part of a specialist paediatric multidisciplinary team. In 2003 she graduated from LaTrobe University with a Doctor of Philosophy. Her area of research is children's play. Karen has written five books on play. She also has over 120 national and international publications, including 21 book chapters. She has developed the Animated Movie Test to be used with young people aged 8-15 years. From research on play assessment, the Learn to Play approach to building play ability in children has been developed through clinical work and research. Throughout the year Karen is invited to present her work on the play ability of children nationally and internationally.

PRESENTER'S PROFILE - SOPHIE GOLDINGAY

Dr Sophie Goldingay is Associate Head of School, Teaching and Learning in the School of Health and Social Development at Deakin University. Sophie's expertise is in identity, well being, and inclusion. She uses mixed methods and decolonising research approaches to work towards universal inclusion, equity and access in both secondary school and higher education environments. She won a Vice Chancellor's award for Excellent Contributions to Equity and Access in 2012. She is also the recipient of three teaching awards, two from the School of Health and Social Development in 2012 and 2016 and a Commendation for Excellence in Teaching from the Faculty of Health in 2013.

COST

\$695 (GST incl.)

Registration is now open. Please register online at www.learntoplayevents.com/events