



# Therapeutic Play in Medical and Health Care Settings

## 2 Day Workshop

Dr Judi Parson

THU 25th - FRI 26th OCTOBER 2018  
9:00am - 4:30pm

Rendezvous Hotel Melbourne  
328 Flinders St, Melbourne VIC 3000  
Heritage Lounge

### ABOUT

Therapeutic play is a specific approach to engage children, because it is a developmentally sensitive way to communicate and facilitate expression of the child's thoughts and feelings, and may be applied to medical and health care settings and experiences. Therapeutic medical play may also be used proactively to prepare children before and to debrief after medical encounters, and using specific approaches during procedural phases.

This two day workshop integrates knowledge of paediatric medical and health care, childhood development and therapeutic play. It has been developed to extend the clinical skills of health care professionals who work with children and their families in health care settings. Following this experiential workshop participants should be able to:

1. Prioritise children as health care consumers
2. Identify the four main categories of therapeutic powers of play
3. Sequence and discuss when, what and why procedural play strategies are used for children requiring medical or health care interventions, including
  - a. Pre-procedural play
  - b. Procedural distraction
  - c. Medical play therapy
4. Practise therapeutic play skills
  - a. Attunement
  - b. Tracking
  - c. Empathic reflections
  - d. Congruence
  - e. Structuring sessions
  - f. Therapeutic limit setting
5. Identify and consider suitable play spaces for children to engage in medical play
6. Review types of toys, tools and media suitable for medical play therapy, including puppet play.

### PRESENTER'S PROFILE

Dr Judi Parson is a paediatric qualified Registered Nurse, Play Therapist / Supervisor, Lecturer in Mental Health and Course Director for the Graduate Certificate / Diploma of Therapeutic Child Play and Master of Child Play Therapy courses at Deakin University. Her PhD titled "Integration of procedural play for children undergoing Cystic Fibrosis treatment: A nursing perspective" led her to study Play Therapy, through the School of Psychology at Roehampton University, London, U.K. Judi is actively involved in the development of play therapy in Australia and she does this through maintaining a small clinical load as well as by engaging in a range of research projects in relation to paediatrics and play therapy, and also provides clinical supervision as well as research supervision to candidates in the field of paediatrics and play therapy.

### COST

\$650 (GST incl.) includes pre-workshop refreshments, morning tea, lunch, afternoon tea, and all workshop resources.

**Registration is now open. Please register online at [www.learntoplayevents.com/events](http://www.learntoplayevents.com/events)**